

## Form I Weekly Schedule

	<b>DAY 1</b>	<b>DAY 2</b>	<b>DAY 3</b>	<b>DAY 4</b>	<b>DAY 5</b>
20 MIN (9:00-9:20)	Spiritual or moral education	Spiritual or moral education	History	Spiritual or moral education	Spiritual or moral education
20 MIN (9:20-9:40)	Geography	Natural History	Reading	Reading	Reading
10 MIN (9:40-9:50)	Repetition (spiritual texts, poetry, or your choice)	Repetition poem	Repetition (spiritual texts, poetry, or your choice)	Math	Repetition (spiritual song/hymn or poetry)
10 MIN (9:50-10:00)	Foreign language	Writing	Foreign language	Foreign language	Picture study
20 MIN (10:00-10:20)	Math	Handicrafts	Math	Handicrafts	Math
15 MIN (10:20-10:35)	Drill - yoga	Singing & Fingerplays (1A: Singing instruction)	Drill - yoga	Foreign language song	Drill - in good manners
15 MIN (10:35-10:50)	Dancing or play	Play or drill	Dancing or play	Play or drill	Dancing or play
20 MIN (10:50-11:10)	Tales	Math	Geography	Tales	Natural History
10 MIN (11:10-11:20)	Writing	Drawing	Handicrafts	Brush-drawing/ painting	Handicrafts
10 MIN (11:20-11:30)	Reading	Reading	Writing	Writing	Writing

Total: 2.5 hours with ½ hour movement/singing breakfast

What's missing? Nature time, composer study, and 'help in home and garden'. Hero tales were for optional Sunday reading.